

Accountability Questions

John Wesley was so concerned with building a righteous fellowship that he devised a series of questions for his followers to ask each other every week. Today, Chuck Swindoll has seven questions that he and his staff use to periodically challenge one another:

Have you been with someone of the opposite sex other than your spouse anywhere this past week that might be seen as compromising?

Have any of your financial dealings lacked integrity?

Have you exposed yourself to any sexually explicit material?

Have you spent adequate time in Bible study and prayer?

Have you given priority time to your family?

Have you fulfilled the mandates of your calling?

Have you just lied to me?

Accountability is a hollow concept if it is not enforced. Conscientious pastors regularly submit their lives to small groups of spiritual mentors. Do you?

(Paraphrased from *The Body* by Chuck Colson (Dallas: Word Books, 1992), pp. 130-131.)

Accountability Questions Friends Ask One Another

by H. B. London Jr.
Focus on the Family

1. How is your relationship with God right now?
2. What have you read in the Bible in the past week?
3. What has God said to you in this reading?
4. Where do you find yourself resisting Him these days?
5. What specific things are you praying for in regard to others?
6. What specific things are you praying for in regard to yourself?
7. What are the specific tasks facing you right now that you consider incomplete?
8. What habits intimidate you?
9. What have you read in the secular press this week?
10. What general reading are you doing?
11. What have you done to play?
12. How are you doing with your spouse? Kids?
13. If I were to ask your spouse about your state of mind, state of spirit, state of energy level, what would the response be?
14. Are you sensing any spiritual attacks from the enemy right now?
15. If Satan were to try to invalidate you as a person or as a servant of the Lord, how might he do it?
16. What is the state of your sexual perspective? Tempted? Dealing with fantasies? Questionable entertainment?
17. Where are you financially right now? Things under control? Anxious? In great debt?
18. Are there any unresolved conflicts in your circle of relationships right now?
19. When did you last spend time with a good same-sex friend?
20. Have you spent time with a non-Christian this past month?
21. What challenges will you face in the coming week? Month?
22. What are your current fears?
23. Are you sleeping well?
24. What three things are you most thankful for?
25. Do you like yourself at this point in time?
26. What are your greatest confusions or uncertainties about your relationship with God?

—From *Rebuilding Your Broken World*